



Senior Staff Clinician

(Greenwich, CT)



The Opportunity



The [Anxiety Institute](#) is partnering with Keeling & Associates to recruit a Senior Staff Clinician for their intensive outpatient program in Greenwich, CT. Reporting to the Clinical Director, this is an exempt, full-time position.

The Anxiety Institute is the only clinical research practice specializing in acute anxiety disorders that uses advanced, proven techniques while nurturing the patient in their local home environment. Utilizing the most up-to-date, evidence-based treatments, the Institute's intensive services focus on treating teens and young adults, while coaching the parents who guide them.

The clinical team seeks a genuine, compassionate, and empathetic professional who focuses on the value and goodness in every person. Dedicated, hard-working clinicians who are willing to grow with the company, who welcome challenges, and who are goal- and results-oriented are encouraged to apply.

Position Summary

The Senior Staff Clinician will be responsible for providing innovative, evidence-based, individual treatment to clients between the ages of 13 and 25 with anxiety and related disorders. Additional responsibilities will include group therapy, as well as weekly family work, and collateral treatment coordination. This position is responsible for providing intensive, direct treatment each day; developing treatment plans; collaborating with peers; and interfacing with and coaching families to facilitate recovery for clients. There are no overnight, weekend, or on-call requirements for this role.

The successful clinician will have extensive training in CBT; have an affinity for working with adolescents and young adults; be a strong communicator; demonstrate a personable and empathetic approach; be licensed or eligible for licensure in Connecticut; exhibit a track record of clinical success; and thrive when working with a team of dedicated professionals.

About the Anxiety Institute



The Anxiety Institute offers distinctive programs to help clients manage acute anxiety and build long-term skills—including an intensive day program, custom intensive plans built around school and work schedules, and compassionate and focused individual therapy. Using an exposure-focused Cognitive Behavioral Therapy (CBT) model, the Institute’s talented and highly trained clinical team incorporates ERP, ACT, and DBT skills into their work to assist clients in confronting their fears and achieving sustainable results, all while immersed in their local home setting and routine.

Clinicians work within a fast-paced, supportive, and highly collaborative environment with ample opportunity for consultation and team interaction. The Anxiety Institute values and welcomes incorporation of individual clinical interests and areas of expertise that align with the company’s CBT model and treatment framework. A healthy work-life balance is supported and encouraged.

Benefits

A competitive compensation and benefits package includes health, life, disability, and dental insurance with the Anxiety Institute covering 80% of individual employee costs. To preserve the team’s mental health, there is a policy of “unlimited” paid time off (“PTO”) with approval from an employee’s supervisor (to be managed prudently and professionally) plus company-wide paid vacation during Christmas through New Year’s. Tuition reimbursement for relevant educational programs is also available up to \$5,500 per year.



Responsibilities

- Provide up to 28 sessions a week of direct client treatment for anxiety and related disorders, obsessive-compulsive disorders, and trauma related disorders.
- Collaborate with multidisciplinary team members to develop and implement evidence-based treatment plans and comprehensive after-care plans.
- Maintain required clinical documentation using EMR software.
- Conduct research, as needed, for treatment plan development utilizing best practice, outcomes-based measures.
- Develop and manage the implementation of strategies and plans for anxious and resistant clients and parents related to attendance, commitment, and completion of treatment.
- Ensure client treatment plans are developed and communicated to Clinical Director for daily and weekly scheduling.
- Support our comprehensive and holistic approach to the treatment of anxiety and common co-occurring disorders with traditional and innovative treatment approaches (e.g., CBT, E/RP, ACT, virtual reality, DBT, Family Systems Therapy and biofeedback).
- Respond to client, parent, and stakeholder questions, concerns, complaints, and clinical emergencies.
- Support clinical staff in resolving client concerns, complaints, and clinical emergencies.
- Participate in outreach endeavors through community trainings, attendance at regional and/or clinical conferences, writing articles for publication, etc.
- Provide in-service and community trainings for clinical and support staff related to child and adolescent anxiety and related disorders.
- Assist in clinical staff selection, recruitment, and orientation of new staff.
- Acquire and maintain current clinical knowledge, skills, and standards set forth by the Anxiety & Depression Association of America (ADAA) and American Psychological Association (APA)



Qualifications

- Applicants must be licensed or license eligible as a social worker, LMFT, counselor or psychologist in the State of Connecticut.
- A minimum of 5 years of individual, group and family therapy experience with teens, young adults, and their parents.
- Preference will be given to those with experience/proficiency using E/RP protocols for OCD, and/or those who have a personal understanding of anxiety disorders and a professional passion for its treatment.
- Affinity to work with school/college aged individuals and their parents.
- Clinical, operational, research experience in an intensive outpatient or residential program preferred.
- A driver's license, with clean driving record as well as insurance, is required for this position.
- Ability to pass numerous background checks (e.g., criminal history, education credentials, etc.).
- Provide proof of good health and free from any communicable disease including a TB test.
- Credentialed as LMFT, LCSW, LPC, Psy.D or Ph.D.



Application Process

Applications should include a cover letter and resume and must be sent, preferably in PDF format, to recruiting@KeelingAssociates.com. The subject line of the email should read “Anxiety Institute—Staff Clinician.” Confidential inquiries and nominations should be addressed to Dr. Lili Rodríguez, Senior Consultant for Executive Search, at lrodriguez@KeelingAssociates.com. Applications received by February 18, 2022, will receive full consideration. The process will continue until the position is filled.



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institute

Compassion without compromise™

Anxiety Institute is committed to the principles of equal employment. We are committed to complying with all federal, state, and local laws providing equal employment opportunities, and all other employment laws and regulations. It is our intent to maintain a work environment which is free of harassment, discrimination, or retaliation because of age, race, religious creed, color, national origin, ancestry, physical disability, mental disability, medical condition, genetic information, marital status, sex (including pregnancy, childbirth, breastfeeding and/or related medical conditions), gender, gender identity, gender expression, sexual orientation, military or veteran status, or any other status protected by federal, state, or local laws. The Company is dedicated to the fulfillment of this policy in regard to all aspects of employment, including but not limited to recruiting, hiring, placement, transfer, training, promotion, rates of pay, and other compensation, termination, and all other terms, conditions, and privileges of employment.